

The Sewing Couch lessons - is as if you have 4 sewing text books videoed.

1. **Essential Sewing Skills - 68 lessons**
2. **Stretch Fabric know how - 30 lessons**
3. **Overlocker lessons - 22 lessons**
4. **Sewing soft Lingerie - 5 lessons**

- The sewing Coach lessons are for every level of your journey in learning to sew, we believe in the development of each person according to their needs, we have high standards of lessons on line to assist you every step of the way. Whatever your level, beginner or experienced sewer, it's great to have clearly videoed professional lessons to follow.
- These lessons will be a great help in understanding the instructional sheets in the commercial patterns
- Remember you are never too young or too old to learn to sew.

LEARNING TO SEW -

- **Has never been easier** If you want to learn to sew then you are at the right place.
- **The lessons or projects** is the place to start, the professional step by step lessons can take you through the steps to create a garment that looks amazing and will give you the fundamentals you need to start you on your sewing journey.
- **You can access the lessons whenever you wish.** For each project all the lesson you need is listed for you.

SEWING PROJECTS -

- **The sewing Projects** are for beginners to experienced sewers. We have suggested projects for those just starting to learn sewing and for the more experienced sewer who may not feel confident to try something new, such as putting in a zip, a sleeve placket, sew a shirt collar or sew a mitred corner.
- This it is an opportunity to get that perfect step by step lesson, available to explain the techniques you require from start to completion.
- Whatever your reason for wanting to expand your sewing skills do it with access to knowledge that will take your sewing to a new level. You choose your own projects and utilise any of the 125 videoed lessons to help you complete it.

OVERLOCKING COURSE -

- If you have done some sewing you probably purchased an Overlocker or Serger as the Americans call this handy little workhorse. It is capable of doing far more than you probably use it for.
- The Overlocker course that explains all you need to know about Overlocking from the basic tricks of threading and finishing of the raw edges to, flat locking, rolled hems, gathering, adding elastic and techniques you wouldn't have dreamed possible.
- This course that is now available online will take all the mystery out of operating your overlocker.

YOU CAN ACCESS THE LESSONS -24/7

- **You are in control of your sewing journey.**
- **Build your skills with every lesson.** - With 125 sewing techniques to choose from, presented by Marlene Kuba your '**The Sewing Coach**' instructor.
- The lessons are complete and will simplify the instructional sheets in the commercial patterns, improving the final results for sewers of all levels.